

Blue Mountains Conservation Society Bushwalking Group Activity Form
SIGN ON SHEET FOR ALL MEMBERS and TEMPORARY MEMBERS - 15feb21

Name of Walk/Activity:

Leader:

Date:

In voluntarily participating in the activities of this Club, I am aware that I am risking injury, illness & death & loss of damage to my property. Typical risks may include but are not limited to hyperthermia, hypothermia, slipping on loose or icy surfaces, slipping on rocks, falling rocks, exposure, snake bite, bee stings & other insect attacks, burns, drownings, stepping into unseen holes, accidents during vehicle travel to walks, social events, & member meetings; navigation errors & becoming lost.

.....(Leader to insert any known additional risks)
 To minimise risks I will: be aware of the nature of the activity & ensure that it is within my capabilities; carry food, water, medication, clothing & equipment appropriate for the activity; advise the leader of any physical or other limitation or any dependence on medication that may require urgent attention during the activity; make every effort to remain with the rest of the party during the activity; advise the leader of any concerns I am having; and comply with all reasonable instructions of the leader. I understand these risks & requirements.

I agree that by signing this form, to waive any claim for damages arising from this activity that I may have against the Club, the leader or other participants in tort or contract. I further agree that any record of First Aid administered to me, may be stored in the Society's archives for the required period.

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